



# PLEASANT HILL COMMISSION ON AGING REGULAR MEETING

WEDNESDAY, SEPTEMBER 18, 2013

9:00 A.M.

Small Community Room at City Hall  
100 Gregory Lane, Pleasant Hill, CA

<i>Chair:</i>	Rachel Anderson	<i>Vice Chair:</i>	Patrick O'Leary
<i>Members:</i>	Gloria Alsheimer, Cynthia Clearwater, Betty Hambly, Shirley Huyck, Romielyn Joson, Richard Travis		
<i>Staff Liaison:</i>	Juanita Davalos		

## AGENDA

1. Roll Call
2. Public Comment
3. Approval of Minutes for June 5, 2013
4. Status of Commission Vacancies
  - a. Resignation of Betty Hambly
5. Review of Last Year's Accomplishments
6. Discussion and Identification of Future Goals and Objectives of the Commission
7. Monthly Reports:

A. Gloria Alsheimer	Physical Education
B. Rachel Anderson	Aging in Place
C. Cynthia Clearwater	Mental Health
D. Vacant	Historian/Sunshine Duties
E. Shirley Huyck	Senior Van/Transportation
F. Romielyn Joson	Aging Skin Care Needs
G. Patrick O'Leary	Public Relations & Outreach
H. Richard Travis	Senior Health/Wellness
I. Dick Savage	Senior Citizens' Club
8. Correspondence
9. Announcements
10. Adjournment

Next Meeting: October 2, 2013, at 9:00 a.m.--Agenda items are due by September 25, 2013.  
*If you are unable to attend, please contact Juanita Davalos at 671-5267.*