



**PLEASANT HILL
COMMISSION ON AGING
MEETING**

THURSDAY, AUGUST 9, 2018

5:00 P.M.

**Small Community Room at City Hall
100 Gregory Lane, Pleasant Hill, CA**

<i>Chair</i>	Kathy Arras
<i>Vice Chair</i>	Rachel Anderson
<i>Commissioners</i>	Gail Egbert, Cary Kennerley, Petra Kubler, Lillian Roselin, Quy Tran, Lorna Van Ackeren, and Kirsten VanderVorst
<i>Ex-Officio Members</i>	Kendra Luke, Senior Center, and Dagny Benz, Senior Club
<i>Contra Costa County Advisory Council on Aging</i>	Lorna Van Ackeren (also a Commissioner)
<i>Staff Liaison</i>	Danielle Habr

AGENDA

- 1. Roll Call**
- 2. Public Comment:** Members of the public may speak on any item *not* on the agenda, but within the Commission on Aging's scope, during this public comment section of the meeting. *Public comment is generally limited to 3 minutes per speaker.*
- 3. Approval of July 12, 2018 Minutes**
- 4. Senior Safety Series**
 - a. Staying Active and On Your Feet Debrief**
 - b. Home Safety and Independent Living**
- 5. Family Caregiver Retreat**
- 6. Senior Survey**
- 7. Commissioner and Liaison Reports**
- 8. Announcements/Correspondence**
- 9. Adjournment**

Next Meeting: September 13, 2018

If, due to a disability, reasonable accommodation is needed to participate in this meeting, please contact the staff liaison 72 hours in advance of the meeting at (925) 671-5221 or via California Relay at 711.