



**COMMISSION ON AGING**  
**MEETING AGENDA**  
**THURSDAY, MARCH 11, 2021**  
**5:00 P.M.**  
**Via Teleconferencing**

<i>Chair</i>	Kathy Arras	<i>Vice Chair</i>	Veronica Dangerfield
<i>Commissioners</i>	Rachel Anderson, Veronica Dise-Hodge, Gail Egbert, Cary Kennerley, Quy Tran, Lorna Van Ackeren, and Kirsten VanderVorst		
<i>Ex-Officio Members</i>	Kendra Luke, Senior Center, and Dana Simmons, Senior Club		
<i>Contra Costa County Advisory Council on Aging Representative</i>	Lorna Van Ackeren (also a Commissioner)		
<i>Staff Liaison</i>	Danielle Habr		

**Due to the Contra Costa Health Services and State of California Shelter in Place Orders, options for observing commission meetings and for submitting communication regarding the meetings have changed. Commissioners will participate remotely via teleconferencing.**

**Commission Broadcasts:** The Commission on Aging meeting will be broadcast live online on YouTube at the web link, [www.pleasanthillca.org/comaging](http://www.pleasanthillca.org/comaging).

**Public Comment:** The public is welcome to address the Commission on items not listed on the agenda but within the Commission's jurisdiction during the general Public Comment period. There is an opportunity for the public to comment on other agenda items at the time they are discussed.

The public may submit comments by:

1. Emailing comments to [dhabr@pleasanthillca.org](mailto:dhabr@pleasanthillca.org) by 4 pm the day of the meeting or
2. Logging into or calling into the Zoom meeting. For more information on how to provide live comments during the meeting, visit [www.pleasanthillca.org/comagingpubliccomment](http://www.pleasanthillca.org/comagingpubliccomment).

Agendas are available for review on the City Hall official noticing bulletin board (100 Gregory Lane) and on the City's website at [www.pleasanthillca.org/agendas](http://www.pleasanthillca.org/agendas).

Materials related to an item on this agenda submitted after distribution of the agenda are available for public inspection by contacting the staff liaison at [dhabr@pleasanthillca.org](mailto:dhabr@pleasanthillca.org) or (925)-671-5221. If, due to a disability, a reasonable accommodation is needed to participate in this meeting, please contact the staff liaison 24 hours in advance of the meeting at the email address or phone number above or via California Relay at 711.

1. **Call to Order**
2. **Roll Call**
3. **Public Comment:** Members of the public may speak on any item *not* on the agenda, but within the Commission's scope, during this public comment section of the meeting. To participate in public comment, you may raise your hand in Zoom (if logged into Zoom by phone, press \*9 to raise your hand; once told you can speak by the staff liaison, press \*6 to unmute yourself). Speakers will be alerted by the staff liaison when it is their turn to speak and are asked to state their name for the record. Comments are limited to 3 minutes.
4. **Approve February 11, 2021 Regular Meeting Minutes**
5. **Discussion of 2021 Webinars**
  - a. Library ebook and Audiobook webinars (3/11 and 4/1, 1 pm) – Kathy Arras
  - b. Coping with Stressors During COVID-19 Part II (3/25, 2 pm) – Veronica Dis-Hodge
  - c. Brain Awareness/Cognitive Processing webinar (TBD – May)
6. **Discuss the Establishment of a Diversity, Equity, and Inclusion Subcommittee**
7. **Assignment of *Outlook* Articles for May/June and July/August**
8. **Commissioner and Liaison Reports**
9. **Announcements/Correspondence**
10. **Adjournment**

**Next Meeting: April 1, 2021 *Special Meeting* (April 8, 2021 regular meeting cancelled)**