



City of Pleasant Hill

COMMISSION ON AGING REGULAR MEETING AGENDA

THURSDAY, DECEMBER 9, 2021

5:00 P.M.

Via Teleconferencing

<i>Chair</i>	Quy Tran	<i>Vice Chair</i>	Lorna Van Ackeren
<i>Commissioners</i>	Rachel Anderson, Kathy Arras, Veronica Dise- Hodge, Camie Hansen, Lorraine Rosenblatt, Kirsten VanderVorst, and 1 Vacancy		
<i>Ex-Officio Members</i>	Dana Simmons, Senior Club		
<i>Contra Costa County Advisory Council on Aging Representative</i>	Lorna Van Ackeren (also Vice Chair)		
<i>Staff Liaison</i>	Danielle Habr		

The meeting will be teleconferenced pursuant to City Council Resolution No. 63-21. Options for observing the meeting and participating in public comment are provided below.

Commission Broadcasts: The Commission on Aging meeting will be broadcast live online on YouTube at the web link, www.pleasanthillca.org/comaging.

Public Comment: The public is welcome to address the Commission on items not listed on the agenda but within the Commission's jurisdiction during the general Public Comment period. There is an opportunity for the public to comment on other agenda items at the time they are discussed.

The public may submit comments by:

1. Emailing comments to dhabr@pleasanthillca.org by 4 pm the day of the meeting or
2. Logging into or calling into the Zoom meeting. To provide comments via teleconference or call, click www.zoom.us or call 1-669-900-6833 and enter the meeting ID and Passcode:

Meeting ID: 976 1236 7503

Passcode: 963943

Agendas are available for review on the City Hall official noticing bulletin board (100 Gregory Lane) and on the City's website at www.pleasanthillca.org/agendas.

Materials related to an item on this agenda submitted after distribution of the agenda are available for public inspection by contacting the staff liaison at dhabr@pleasanthillca.org or (925)-671-5221. If, due to a disability, a reasonable accommodation is needed to participate in this meeting, please contact the staff liaison 24 hours in advance of the meeting at the email address or phone number above or via California Relay at 711.

1. **CALL TO ORDER**
2. **ROLL CALL**
3. **PUBLIC COMMENT:** Members of the public may speak on any item *not* on the agenda, but within the Commission's scope, during this public comment section of the meeting. To participate in public comment, you may raise your hand in Zoom (if logged into Zoom by phone, press *9 to raise your hand; once told you can speak by the Chair or staff liaison, press *6 to unmute yourself). Speakers will be alerted by the staff liaison when it is their turn to speak and are asked to state their name for the record. Comments are limited to 3 minutes.
4. **APPROVE NOVEMBER 18, 2021 SPECIAL MEETING MINUTES (Vote)**
5. **DIVERSITY COMMISSION UPDATE FROM CHAIR ESLAM NAJJAR (Discussion)**
6. **AD HOC SUBCOMMITTEES**
 - a. City Council Advocacy Subcommittee Review of Thank You Letter to Mayor (Discussion/Direction)
 - b. Diversity, Equity, and Inclusion Subcommittee Update and Review of Statement to Diversity Commission (Discussion/Direction)
 - c. Marketing & Logo Subcommittee Update and Appointment of Additional Member(s) (Discussion)
7. **APPOINT COMMISSIONER TO ATTEND MONTHLY SENIOR MOBILITY ACTION COUNCIL (SMAC) MEETINGS (Discussion/Decision)**
8. **REVIEW ANNUAL UPDATE TO THE CITY COUNCIL (Discussion)**
9. **SELECT COMMISSIONER/TOPIC FOR MARCH/APRIL OUTLOOK NEWSLETTER ARTICLE (Discussion)**
10. **COMMISSIONER AND LIAISON REPORTS (Information and discussion)**
11. **ANNOUNCEMENTS/CORRESPONDENCE (Information)**

Reminder: Senior Scams and Fraud Prevention seminar will be held in person Thursday, January 13, 2021, 1:30pm-3pm, at the Senior Center Dining Room
12. **ADJOURNMENT**

Next Meeting: January 13, 2022

**DRAFT Pleasant Hill Commission on Aging Minutes
November 18, 2021**

Chair Quy Tran called the special meeting to order at 5:02 pm on November 18, 2021 via teleconference.

Commissioners Present: Chair Quy Tran, Vice Chair Lorna Van Ackeren, Rachel Anderson, Veronica Dangerfield, Camie Hansen, and Lorraine Rosenblatt

Commissioners Absent: Kathy Arras, Veronica Dise-Hodge, and Kirsten VanderVorst

Ex-Officio Members Present: Dana Simmons, Senior Club President

Staff Present: Danielle Habr, Staff liaison

PUBLIC COMMENT

None

APPROVE OCTOBER 14, 2021 MEETING MINUTES

The motion (Hansen/Van Ackeren) to approve the minutes of the October 14, 2021 meeting carried 5-0-3-0 with Commissioners Arras, Dise-Hodge, and VanderVorst absent.

MAYOR'S UPDATE ON TRAFFIC SAFETY, TRANSPORTATION, AND PROJECT PRIORITIES

Mayor Noack noted she sits on three transportation boards, County Connection's, TRANSPAC's (Transportation Partnership and Cooperation) for regional transportation planning, and CCTA's (Contra Costa Transportation Authority). She reported that the County Connection Board voted to extend one more test year of the One Seat program for seniors and people with disabilities to avoid having to change buses when using paratransit services. She explained that four or five Contra Costa County bus and paratransit organizations tested a program last year to transportation for the applicable riders to "one seat" from beginning to end without transferring vehicles.

Mayor Noack noted that the year before, the accessible strategic plan was completed in conjunction with CCTA and the County and it addresses various modes of transportation. She added that as part of the CCTA Board, she participated in allocating Measure J Line 20A funds for senior transportation programs and projects, including the City's new senior van, and that part of the strategic plan is to create a coordinating entity that aides seniors and people with disabilities in traveling across the entire County.

Mayor Noack noted there is a now an accessible transportation task force and that Walnut Creek Councilmember Luella Haskew represents TRANSPAC/Central Contra Costa County on the task

force that is working on creating the coordinating entity. She also reported that the County Board of Supervisors voted the day before to provide \$1.4M for that process.

Mayor Noack further reported that a \$250,000 award from County Sales Tax Measure X has been allocated to an aging and adult services group, \$1M has been allocated to non-profit senior service providers like Choice in Aging or Mobility Matters, and \$2M will be allocated in year two to the same type of non-profits. She said a lot of the movement started from a blue-ribbon task force at MTC (Metropolitan Transportation Commission) because MTC realized transportation is fragmented throughout the County and wants to make it seamless. Mayor Noack commented on the high level of activity and expressed her hope that significant improvements will happen over the next two years.

Vice Chair Van Ackeren confirmed she is in one of the workgroups for the Master Plan for Aging.

Mayor Noack also acknowledged the issues the Commission wanted addressed at the new library:

- Seating on Monticello – Nine of the 13 benches meet ADA requirements, but the height is due to the majority of the benches being for the middle school students walking from the middle school to the library; she noted some benches have room for companions in wheelchairs and some have armrests.
- Seating in front of the library and along the creek path coming from Oak Park Boulevard – Benches will be between 17 and 18 inches high and some of them will meet ADA requirements and work well for seniors.
- Expanding sidewalk on Oak Park Boulevard – the Budget Committee is considering the use of ARPA (American Rescue Plan Act) funds and once more information is received from the federal government on the appropriate use of the funds, it will be discussed in the spring by the Budget Committee and as part of the Capital Improvement Program prioritization process.

In response to Vice Chair Van Ackeren's question about ARPA funds, Mayor Noack reported that the Budget Committee recommended to the Council two projects to fund, the Gregory Gardens storm drain project, and small business assistance through the Economic Development Committee.

In response to Commissioner Anderson's question about the sidewalk area, Mayor Noack confirmed she was speaking about the same side as Aegis Living, but cost estimates and details are needed from Engineering and the area is on the list of items to be considered.

Chair Tran asked if similar to the priority given to safe corridors from schools, any priority is given to senior corridors for access to health care or pharmacies. Mayor Noack noted that is a regional issue for CCTA and TRANSPAC to address as part of the strategic plan (available online at ccta.net at the time the minutes were created) for easier access to services throughout the County, not just Pleasant Hill. She noted their study shows where seniors are concentrated, which will be taken into account with the new transportation planning entity, and reported that there were talks with the Mount Diablo Unified School District to address traffic congestion in relation to schools.

Chair Tran also noted the Commission is concerned about senior traffic safety, such as allowing

enough time to cross busy streets, and installing sidewalks. Mayor Noack noted the difficulty in installing sidewalks in some areas where front yards end right at the street, but confirmed all new developments are required to install sidewalks. She cited the new Pleasant Hill Road sidewalk project that connects two pieces of existing sidewalk that assists students walking to Pleasant Hill Elementary. Mayor Noack noted that crosswalks and intersections are being assessed for increased safety and visibility and that schools do not pay for the crossing guards. She provided an example of the City addressing the needs of people with disabilities in the Chilpancingo community by allowing longer street crossing times.

Mayor Noack recommended everyone visit ccta.net to participate in the strategic planning process. She commented on other cities implementing programs like Uber and Lyft for seniors.

Commissioners and Ms. Simmons expressed their appreciation of the various efforts and Mayor Noack's presentation.

(Mayor Noack left the meeting.)

AD HOC SUBCOMMITTEES

City Council Advocacy Subcommittee Update

Commissioner Anderson reported the City Council Advocacy Subcommittee met and updated its draft advocacy letter. She expressed she was not sure how to proceed as the Mayor attended the meeting and provided an update that touched on the subjects of the draft letter. Chair Tran explained that he believed the impetus for the Mayor to visit was the discussion and draft letter and thought that the Commission achieved its goal of reaching people with decision-making authority.

Vice Chair Van Ackeren suggested putting the draft letter on hold until the Commission sees funding and project discussions proceed and instead thank the Mayor. Commissioner Hansen agreed to hold off until a new Mayor is in place.

Dana Simmons, Senior Club President, suggested writing a letter thanking the Mayor and holding off on the draft letter.

Commissioner Anderson volunteered to draft a thank you letter and share it with the Advocacy Subcommittee.

Diversity, Equity, and Inclusion Subcommittee Update and Review of Statement to Diversity Commission

The Commission reviewed the Diversity, Equity, and Inclusion Subcommittee's draft statement to the Diversity Commission presented on-screen. Commissioner Anderson asked that the statements using the term "many" people be edited as she was not sure that term was accurate.

There was discussion about presenting the letter to the Diversity Commission's liaison to the

Commission on Aging/Chair before the next Commission meeting in time for it to be included in the Diversity Commission's next agenda packet.

The motion (Anderson/Van Ackeren) to send the updated statement to the Diversity Commission Liaison/Chair and the full Diversity Commission carried 5-0-3-0 with Commissioners Arras, Dis-Hodge, and VanderVorst absent.

Marketing & Logo Subcommittee Update

Ms. Habr reported in Commissioner Arras and VanderVorst's absences that the \$200 requested from the City Manager by the Marketing and Logo Subcommittee for the logo design was approved and that she had informed the Subcommittee they could proceed with soliciting design quotes and provided a few contacts.

APPOINT COMMISSIONER TO ATTEND MONTHLY SENIOR MOBILITY ACTION COUNCIL (SMAC) MEETINGS

Vice Chair Van Ackeren reported that the Senior Mobility Action Council (SMAC) is a workgroup of the Contra Costa County Advisory Council on Aging (CCCACoA) and paratransit agencies, County Connection, and other members of the community participate. She noted she has been on the Council for four years and that since the City has a Senior Van Service and Measure X provides funding for transportation, it would be advantageous to appoint a Pleasant Hill representative as she represents the CCCACoA. She reported that the meetings are on the fourth Mondays and that it is a transportation advocacy entity, not a decision-making body.

Vice Chair Van Ackeren reported that SMAC's goals are countywide – provide advocacy, keep abreast of trends, participate in the planning and execution of a countywide event, stay connected, participate in the Master Plan for Aging, and perform outreach to new members. She agreed to Chair Tran's request to submit the goals after the meeting to be included in the agenda packet.

The appointment was tabled to the next meeting as no one volunteered.

DISCUSS ANNUAL UPDATE TO THE CITY COUNCIL AND ESTABLISH AN AD HOC SUBCOMMITTEE TO DRAFT THE UPDATE

Chair Tran reminded everyone that the Commission provides an annual update to the City Council and asked if the Commission wants to establish an ad hoc subcommittee to draft the update.

Chair Tran committed to bringing a rough draft of the presentation to the December Commission meeting for review.

REVIEW AND DISCUSS TRAVEL, FINANCIAL, AND PHISHING SCAMS WEBINAR PRESENTATION

Chair Tran reported that the draft presentation for former Commissioner Veronica Dangerfield's travel, financial, and phishing scams webinar was included in the agenda packet.

Commissioner Anderson asked Ms. Habr to have Ms. Dangerfield remove the Patelco logos in the lower right corner of some slides. Ms. Habr also agreed to ask Ms. Dangerfield to create a flyer.

SELECT COMMISSIONERS TO DRAFT JANUARY/FEBRUARY AND MARCH/ APRIL OUTLOOK NEWSLETTER ARTICLES

The Commission agreed that Dana Simmons' Senior Center article will replace the Commission on Aging article for the January/February *Outlook*.

COMMISSIONER AND LIAISON REPORTS (Information and discussion)

Vice Chair Van Ackeren announced that she resigned from her job at Hillendale Home Care and is moving to Continuum Hospice to work with families in hospice care.

Commissioner Anderson reported she attended Light Up the Lake on November 14th and handed out glow sticks and flashlights as a volunteer, and noted that the luminaries were beautiful.

Commissioner Hansen also reported she attended Light Up the Lake and enjoyed it.

Commissioner Rosenblatt reported that she attended Light Up the Lake with her family and liked that the event and will not be at the December meeting, but wants to discuss people with disabilities at the January meeting.

Ms. Simmons reported she was re-elected as President of the Senior Club through 2022.

ANNOUNCEMENTS/CORRESPONDENCE

None

ADJOURNMENT

Chair Tran adjourned the meeting at 6:33 pm. The next regular meeting is scheduled for December 9, 2021.

Mayor Noack,

Thank you for attending our November Commission on Aging meeting.

It was informative and helpful to have you provide an overview of current status and challenges regarding regional and local traffic safety and transportation. We are encouraged to learn about the exciting opportunities for future coordinated strategic planning.

We appreciate you taking the time to discuss the specific issues of senior mobility and access around the new library. We look forward to further updates as the budget committee works to identify funding sources to address the concerns in and around that area.

It is reassuring to know that the City is ever mindful of the increasing proportion of older residents when planning and prioritization decisions are made. The Commission looks forward to our continuing advisory role as we work together to serve our aging population.

Sincerely,

The Commission on Aging